**Top 12 Commonly Identified God-Given Emotional Needs**

1. **Acceptance:** Receiving another person willingly and unconditionally when the other’s behavior has been imperfect. Being willing to continue loving another in spite of offenses. *(Rom. 15:7). “Therefore, accept one another, just as Christ also accepted us to the glory of God.”*
2. **Admonition:** Constructive guidance in what to avoid; to warn; gentle and friendly reproof. *(Col. 3:16) “…admonish one another”*
3. **Affection:** Expressing care and closeness through physical touch. Saying “I love you.” *(Rom: 16:16) “Greet one another with a holy kiss…” (Mark 10:16) “And they were bringing children to him so that He might touch them… And He took them in His arms and began blessing them, laying His hands on them.” (John 13:34) “Love one another”*
4. **Appreciation:** Expressing gratefulness through thanks, praise or commendation. Recognizing effort or accomplishment. *(Col. 3:15) “…and be thankful” (Eph. 4:2) “Be kind and compassionate to one another,”*
5. **Approval (Blessing):** Expressed commendation; to have or express a favorable opinion of; think and speak well of; building up or affirming another; affirming the fact and importance of a relationship. *(Eph. 4:29) “Let no unwholesome word proceed from your mouth, but only such a word that is good for edification according to the need of the moment, so that it will give grace to those who hear.”*
6. **Attention:** Conveying appropriate interest, concern, and care; taking thought of another; entering another’s world. *(Cor. 12:25) “so that there may be no division in the body, but that the members may have the same care for one another”*
7. **Comfort:** Responding to a hurting person with words, feelings, and touch; to hurt with and for another’s grief or pain; to give consolation with tenderness. *(Rom. 12:15b) “…and mourn with those who mourn” (Matt. 5:4) “Blessed are those who mourn for they will be comforted.”*
8. **Encouragement:** Urging another to persist and persevere toward a goal; stimulating toward love and good deeds. *(1 Thes. 5:11) “Therefore encourage one another and build up on another…”   
    (Heb. 15:24,25) “and let us consider how to stimulate one another to love and good deeds…encouraging one another…”*
9. **Instruction:** Modeling, equipping and training in how to live. *(2 Tim. 3:16) “All scripture is inspired by God and profitable for teaching, reproof, correction and training in righteousness.” (Rom. 15:14) “instruct one another”*
10. **Respect:** Valuing and regarding another highly; treating another as important; honoring another, conveying great worth. *(Rom. 12:10b) “give preference to one another in honor;”*
11. **Security (Peace):** Harmony in relationships freedom from fear or threat of harm. *(Rom. 12:16, 18) “Be of the same mind toward one another…If possible, so far as it depends on you, be at peace   
    with all men,”*
12. **Support:** Coming alongside and gently helping with a problem or struggle; providing appropriate assistance; to help carry a load. *(Gal. 6:2) “Bear one another’s burdens, and thereby fulfill the law of Christ.”*